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"As a nursing student at the U of L, I spent two months in Africa promoting health awareness. I returned to Canada embodying the words of Mahatma Gandhi: 'The future depends on what we do in the present.'"

Alisha Velji
U of L Graduate

Apply by March 1
for New Fall 2009 Awards

At the University of Lethbridge, we believe education is an investment – an investment in you – and we want to help with your tuition.

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The nursing program is available in a four-year undergraduate program called Nursing Education in Southwestern Alberta (NESA), a fast-track NESA program, a one-year post-diploma degree, a five-year support program for Aboriginal nursing students, a Master of Science in Nursing and a BN After Degree.

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This program is the only addictions counselling baccalaureate degree in Canada. Graduates of the program have found counselling positions in areas such as addiction treatment and outpatient counselling, family services, health promotion and wellness centres.

*All newly admitted undergraduate nursing and addictions counselling students who have full-time status and an entrance GPA of 85% (or 3.85) or higher will automatically receive a **$1,000 entrance scholarship**. Students who move more than 100 km to attend the U of L will also qualify to receive a **$500 relocation scholarship**. Please note: These awards are in addition to the new fall 2009 awards listed below.

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Celebrity pg 24

Miley's parents nix own place

Woman killed in car chase

THEFT A female passenger in a stolen car died after the vehicle reportedly struck another vehicle and slammed into a tree during a high-speed police chase in Edmonton yesterday morning.

Police say they first received a report of a stolen vehicle through OnStar, a subscription-based communications service that provides in-vehicle security using GPS.

Edmonton cops made contact with the stolen car at around 9:30 a.m., but it drove away at a high rate of speed, police said.

The woman was pronounced dead on scene while two other males in the car, including the driver, were rushed to hospital.

METRO CANADA

Riding the Recession

Looking for ways to save money and ride out the economic storm? For the next six weeks, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Canada

- **What are economic forecasters predicting for the months ahead, pg 6**

Style

- **Beauty tips on how you can save money while still looking like a million bucks, pg 18**

Entertainment

- **Designer Donna Karan offers her recession mantra, pg 21**

This week

- **Food — Local meals for a steal**
- **Style — Looking on the bright side of fashion at New York Fashion Week**

Family Day

ROBIN KUNISKI/FOR METRO CALGARY

Krista, left, Elijah, 7, and Lyle Thompson spend a greater part of their Family Day ice skating at the Olympic Oval where it was Papa John's Family Fun Day. Besides skating, families could play games, get faces painted, jump in a bouncer house, watch magicians, win prizes, eat pizza and get autographs from Olympic athletes.

Charities squeezed

Big ticket fundraisers cancelled due to downtrodden economy

JENNIFER HILLIKER
for Metro Calgary

At least three annual events that typically bring in big donations for charities have been cancelled this month due to the economic downturn, leaving philanthropists scrambling for new methods to make money.

Calgary Cares, the Wild Gala and Turn On Calgary bring in as much as $200,000 annually for their respective charities, but due to lack of sponsorship for Calgary Cares and lack of ticket sales for the Wild Gala and Turn On Calgary, they were all cancelled. The charities are instead turning to grants and giving campaigns.

"It's a sign of the times," said Greg Belland, executive director of the Southern Alberta Parks and Wilderness Association. The organization runs the Wild Gala — which typically draws 400 people — but has only secured 100 guests to date. It needs more than 250 ticket sales just to break even.

"The trend is away from these kind of events. We're seeing fewer donations, so we also have to do a better job with donor relations," Belland said.

Belland is hoping for corporate grants, but said those funds have to be used for specific endeavours, leaving the company with less flexibility in their funding.

"A gala event is very expensive."
Amanda Chapman, AIDS Calgary

"There are all kinds of implications. We may have to start looking for smaller places to rent or lay people off."

Calgary Cares, a gala for AIDS Calgary, typically brings in $150,000 to $200,000 annually. The event was cancelled after receiving half of its typical support.

"A gala event is very expensive," said AIDS Calgary communications analyst Amanda Chapman. "It can cost about $50,000 to produce the event. So we're making a switch to having an annual giving campaign, which would not incur the same costs."

However, some organizations are finding success with smaller gala events. Sage Theatre is hosting a gala on March 27 and artistic director Kelly Reay says ticket sales are going well.

"We're able to sell tickets because we're not a big, extravagant event. Fifty dollars is pretty cheap for a night of live music, food and a party."

City journalist outlines risks of Mexico

JENNIFER HILLIKER
for Metro Calgary

VIOLENCE With a photojournalist killed Friday, five reporters slain in 2008, and a total of 24 journalists killed since 2000, covering news in Mexico is pretty risky.

But Calgarian David Agren, a reporter for The News, a Mexico City-based English language newspaper, has done it for the past four years.

To explain the violence in the land of tequila and sombreros, he points to the power of criminal groups and the corruption of law enforcement agencies.

"The big problem is impunity," Agren said. "No one gets convicted of anything.

"Most journalists here that get into trouble are targeted by narcotics-trafficking gangs, who are incredibly ruthless."

Agren said he avoids narcotics stories, instead writing about Mexican politics. Still, there are times when he feels threatened.

"Covering government is a pretty safe gig. It might get a bit dodgy this spring, when I'll start going into rural areas and backwards southern states to cover elections. Politics down there is still rather primitive — go give everyone a beer and a sandwich and then herd them off to the polling station."

One photojournalist was killed and another seriously injured after being shot while heading to cover an auto accident in southern Mexico Friday.

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Sole occupant unhurt in Cessna landing
A small plane faced problems landing yesterday at the Calgary International Airport. The Cessna 210 had problems with the landing gear just before noon. The pilot was uninjured and was the only person on board. METRO CALGARY

Local

Bottoms up at Winefest

Winefest, Calgary's oldest wine festival, is back for its 17th year and will feature hundreds of the world's best wines. The all-inclusive event will include sampling, appetizers and a complimentary wine glass. For more information about the upcoming weekend event at the Roundup Centre, visit www.celebratewinefest.com. METRO CALGARY

Volunteers wanted for Canada Day bash

FESTIVAL The City of Calgary is seeking helpful hands and creative minds to form a team of volunteers to plan Canada Day festivities.

Calgary's largest single-day festival will be held at Prince's Island Park and, as always, will include entertainment, face-painting, arts, food, and much more. Areas include an activities team, entertainment programming, hospitality, and volunteer co-ordination,

For more information, visit www.calgary.ca/recreation, call (403) 268-5213 or email canadaday@calgary.ca. METRO CALGARY

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WHAT'S ONLINE TODAY

Immigration Guidy Mamann on the trials of sponsoring a foreign fiancée at **metronews.ca/live**

Thief lifts cars, causes chaos

KRISTA SYLVESTER
krista.sylvester@metronews.ca

A car thief caused chaos Sunday morning, leading city police on a brief chase in the northeast, stealing not one but two cars in the process, police said.

Insp. Rob Williams said police noticed a car driving erratically along 68 Street near 16th Avenue NE around 11 a.m. but lost sight of it until the stolen Grand Prix crashed into another car at the intersection of 68 Street and 22 Avenue NE.

"When police arrived to the scene people were pointing to where the man took off to. Apparently he ended up at the Esso car wash where a man was washing his car, and stole his (Lexus)," Williams said.

That's where things got crazy, said witness Richard George, who stopped at the gas station seconds later.

"If I was one minute earlier it could have been me, I left my car running to run inside and when I came out, he had just taken this other guy's car," he said, adding he won't be leaving his car running unattended again anytime soon.

Williams said the car then headed south on 68 Street and hit another car, before police trapped him. Instead of stopping, the man rammed into a police car and took off again.

Police found the stolen Lexus in Abbeydale as they searched for the suspect, believed to be about 25 years old wearing a dark jacket and grey hoodie.

KRISTA SYLVESTER / METRO CALGARY

Police are searching for a man in a grey hoodie, suspected of fleeing from this vehicle, allegedly taken from a car wash yesterday. It was one of two vehicles believed stolen and crashed by the suspect in the city's northeast.

No benefit to speed humps, citizens say

ROADS City aldermen admit speeding in playground zones is a problem, but one solution being considered Wednesday won't be that effective, according to a study reviewed by the city.

The city will look at installing speed humps in every playground zone in the city, costing about $10 million. A recent speed hump study found only minor effectiveness in signage-only zones, reducing speeds by 2 km/h.

"I don't think that's enough of a benefit to warrant more money for taxpayers," said Andrea Koenig, whose two children walk to school.

Irene Seto says speed humps might only help on high-traffic roads. "They should just have better playground signage, or raise the fine for 30-kilometre zones," she said. "They would also have to maintain the speed humps every year." JENNIFER HILLIKER / FOR METRO CALGARY

DIPLOMA PROGRAMS

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Albertans feel they give more to Canada than they take

An overwhelming 78 per cent of Alberta respondents of an Association for Canadian Studies poll conducted by Leger Marketing believe they give more than they take as a province, the study said, which is much higher than the national average of 46 per cent. METRO CALGARY

Recall issued, as glass found in beef

SAFETY Canadians are being warned about possible glass shards in lean ground beef with Westfair Foods Calgary stickers on them.

The Canadian food inspection agency is warning consumers that 2.5 kilogram trays of ground beef sold by Real Canadian Superstore in Kelowna with a best before date of Feb. 12 may contain glass pieces. So far, there have been no reports of sickness of injuries from anyone who has consumed the meat which is now under recall.

MLA aims to stop guns in vehicles

PROPOSAL Alberta Liberal MLA Kent Hehr, based in Calgary-Buffalo, is proposing a bill to crack down on gang violence in the province by allowing officers to slap a $25,000 fine and suspend the driver's licence of anyone carrying an illegal weapon inside the vehicle.

Hehr is hoping to convince his fellow MLAs to pass the bill once it is introduced in legislature on March. 2. METRO CALGARY

Heart-smart as kids

Cardiac expert wants to better educate kids on health

JENNIFER HILLIKER
for Metro Calgary

ROBIN KUNISKI/FOR METRO CALGARY

Brothers Tanner, 7, (on swing) and Mitchell Schriver, 11, out playing this weekend. A U of C doctor says educating kids about diet is crucial to prevent obesity and potentially fatal heart disease.

February is heart month, and that doesn't just mean love is in the air.

Unfortunately, Dr. Matthias Friedrich says there's also too much salt on our plates, and it's getting into the heart arteries of people as young as 12.

"Obesity is increasing dramatically in our society, especially at a young age," Friedrich said. He works in cardiac sciences in the faculty of medicine at the University of Calgary.

He said that heart problems aren't as big a concern in the minds of young people as they should be, as it is the leading cause of death in Canada.

Twelve-year-old Haley Shipley says she can't remember ever being taught about the dangers of heart disease related to obesity.

"Cancer is probably the biggest disease I could get, I think. I'm not worried about it, but I also hear about AIDS a lot," she said, even citing smallpox as a leading cause of death before heart disease.

A Calgary Board of Education representative said that while some schools choose to celebrate heart month, it's not required of them to educate children about heart disease this month — which Friedrich said is totally wrong.

Friedrich said kids must learn healthy eating habits and get away from the norm in North America.

"Instead of taking our time and eating small portions, we don't take time for our meals and we eat large portions. So this is a fast ingestion of large amounts of food."

Ex-Stampede princess remembered

ALICIA FOX
for Metro Calgary

MEMORIAL A former Calgary Stampede Princess, Teri Murray, is being remembered by friends and family as an accomplished young woman with a bright future ahead of her.

"Everybody she met found her as a very heart-warming person," said Tracy Gall, Murray's mentor and a family friend. "She didn't ever not have the time for you."

The 22-year-old was on her way back from Banff last Saturday when her car hit ice on Highway 8, skidding into oncoming traffic. She was transported to hospital, but was later taken off life support.

An ever-growing Facebook group has emerged in her memory, with over 600 members.

A celebration of life will be held at Rafter 6 at 1 p.m. Thursday and is open to the public. In lieu of flowers, family has asked donations be sent to the Tim Hortons Equine Fund.

TSX 60 / NYSE

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BEAUTY *at the Bay*

Crash claims RCMP officer, children

An accident Sunday night on Highway 7 between Saint John and Fredericton, N.B., claimed the lives of an off-duty RCMP officer and his young son and daughter. The RCMP have identified the victims as Const. Jason Porter, a 31-year old member of the RCMP, his daughter Hannah, 5, and son Jack, 2. **CBC NEWS ONLINE**

Canada

NATO's existential crisis

The struggling effort to defeat the Taliban and bring security to Afghanistan means it is time for a "frank discussion" about the future of NATO, Defence Minister Peter MacKay, left, said yesterday. In comments that are likely to aggravate some NATO partners, MacKay said that all alliance members needed to pull their weight otherwise the 60-year-old security pact faced an existential crisis. REUTERS

Afghanistan pushing army to the limit: General

Canada's army is being pushed to the limit by the strains of keeping a 2,700-strong military mission in Afghanistan and the force will need at least a year to recover once the troops return on schedule in 2011, a top army commander said yesterday.

Lt.-Gen. Andrew Leslie also told Reuters that he had heard nothing either officially or unofficially to substantiate media rumours that some of the troops would stay in Afghanistan after 2011.

Canada has a regular army of just 22,000 soldiers with a similar-sized force of reserves, half of whom serve part-time. Leslie said men and equipment in Afghanistan were wearing out fast and likened his job to juggling a chain saw.

"Our equipment is going to have to be reset, just like our soldiers."
Lt.-Gen. Andrew Leslie

"We are at the limit ... we are now sending senior non-commissioned officers and officers back for their fourth tour," he said during an interview at defence headquarters.

"Our equipment is going to have to be reset, just like our soldiers have to be reset at a certain time." REUTERS

B.C. Surrey shooting

JEFF HODSON/METRO CANADA

Homicide investigators examine an off-white Cadillac coupe yesterday after its driver, an unknown woman, was shot and killed as she drove through an intersection in Surrey, B.C. A four-year-old boy riding in the car was unhurt, according to police.

Job losses will hit 400,000 in 2009, economist predicts

JESSICA SMITH
for Metro Canada

RECESSION The evidence is mounting. Canadians are buckling down for a recession by saving their money and worry about job loss is on everyone's lips as they see their wealth in stocks and real estate diminish.

"There are a number of tangible ways that people feel a recession," said Beata Caranci, director of economic forecasting for TD Bank Financial Group.

In Canada, the recession began in the last quarter of 2008. Between the peak of employment in October of 2008 and the end of 2009, Caranci predicts Canada will see 400,000 job losses. In January alone, Canada shed 129,000 jobs.

Caranci predicts the most job losses will come in the next six months, and then the fiscal and economic stimulus provided by governments will start to take effect.

Riding the Recession

News in brief

MANITOBA Poems penned by Métis leader Louis Riel while he awaited execution for treason were unveiled by the Manitoba Métis Federation in Winnipeg yesterday. Riel gave the poems to his jail guard as a gift before he was hanged in 1885.

BEAR SPRAY Several people are facing charges after allegedly using a can of bear spray to settle a fight in a McDonald's restaurant in Nanaimo, B.C. About 20 people were taken to hospital for treatment. METRO NEWS SERVICES

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Mugabe buys $5.6M home in Hong Kong

Zimbabwean President Robert Mugabe has bought a $5.6-million US, three-storey home in a walled and gated complex in an exclusive area of Hong Kong, Britain's Sunday Times reported. The paper noted it's one of several properties the Mugabes own in Asia, but it is the first to be documented. REUTERS

World

No protectionism: Pelosi

U.S. House Speaker Nancy Pelosi defended the United States and its "Buy American" provision in its $787-billion US stimulus plan during a trip to Italy yesterday. Amid accusations of protectionism, Pelosi said the U.S. appreciated the value of global trade as a motor of economic growth, and that looking out for the interest of American workers wasn't protectionism, but rather "what any country would do for its workers." REUTERS

'War on terror' has eroded human rights, experts tell UN

Washington's "war on terror" after the Sept. 11 attacks has eroded human rights worldwide, creating lingering cynicism that the United Nations must now combat, international law experts said yesterday.

Mary Robinson said the United States caused harm with some of the ways it responded.

"Seven years after 9-11 it is time to take stock and repeal abusive laws and policies," the former Irish president and former UN human rights commissioner said, warning that harsh U.S. detentions and interrogations in the Middle East sent a dangerous signal to other countries that could easily follow suit.

While U.S. President Barack Obama has announced he will close Guantanamo, Robinson said sweeping changes needed to take place to ensure Washington abandons its "war paradigm."

Arthur Chaskalson, former chief justice of South Africa, said such practices could further restrict liberties if they are not confronted head-on. "If nothing happens, we will have even less," he said. REUTERS

The report

- An International Commission of Jurists report found many undemocratic states have referred to U.S. counterterrorism practices to justify their own abuses.
- It recommends more abuse monitoring and assistance to countries to target rights violators.

Athens **An artist's rendition**

YIORGOS KARAHALIS/REUTERS

Body-painted performers stand in formation to depict the face of U.S. President Barack Obama during The fall of Athens performance by Swiss artist Dave at Filopapou Hill in Athens yesterday. The ceremony was part of the Art Marathon, which will be travelling around the globe until December 2050.

Brit, French nuclear subs collide

COLLISION Two nuclear-armed submarines from Britain and France collided in the Atlantic Ocean earlier this month, but there were no injuries or radioactive leaks, naval officials said yesterday.

Analysts said a major disaster could have resulted had the underwater collision ruptured the hulls, set off conventional ammunition or started a fire, although the chances of a full nuclear explosion were virtually nil.

The British navy maintained there was no damage to both vessels' weapons, but media reported both subs had to return to base for repairs. Both navies had no explanation for how the crash happened. REUTERS

News in brief

PAKISTAN The Taliban and Pakistan have agreed to a ceasefire in the Swat valley. As part of the terms, Islamic, or Shariah, law will be restored.

GERMANY Two masked kids pretending to be elite military soldiers triggered a police operation after residents reported the "dodgy-looking figures."

RUSSIA The economic crisis has sparked a wave of violent crime in Moscow, the chief prosecutor said, as murders and fatal assaults rose. REUTERS

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Comment

All hell won't break loose

U.S. president's visit unlikely to stir up controversy

NationalReport

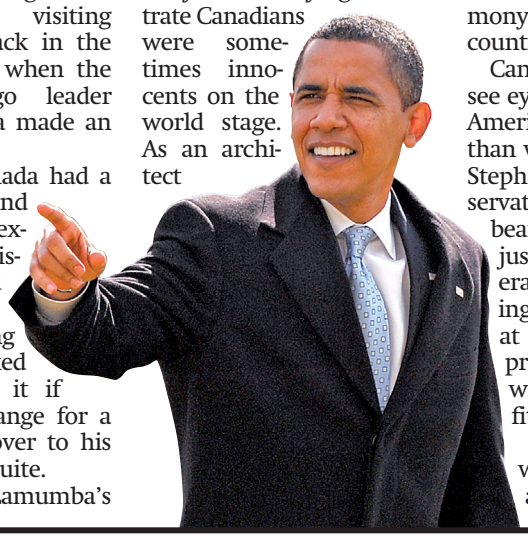
Lawrence Martin

One of the more saucy stories from the annals of foreign leaders visiting Canada came back in the Diefenbaker era when the notorious Congo leader Patrice Lamumba made an Ottawa stopover.

Back then Canada had a highly religious and somewhat naive external affairs minister in Howard Green. Lamumba had a meeting with him and asked at the close of it if Green could arrange for a girl to be sent over to his Chateau Laurier suite.

Not aware of Lamumba's reputation as a fornicator of some renown, Green thought he meant a stenographer. Yes, of course, he could do that, he replied. The next day an unsuspecting typist was sent over to the Chateau. She entered the Congo leader's room — and all hell broke loose.

The late Dean Rusk, secretary of state in the Kennedy administration, told me that story. He was trying to illustrate Canadians were sometimes innocents on the world stage. As an architect of the Vietnam war, he might have known all about the pitfalls of being naive. So might the most recent Bush administration.



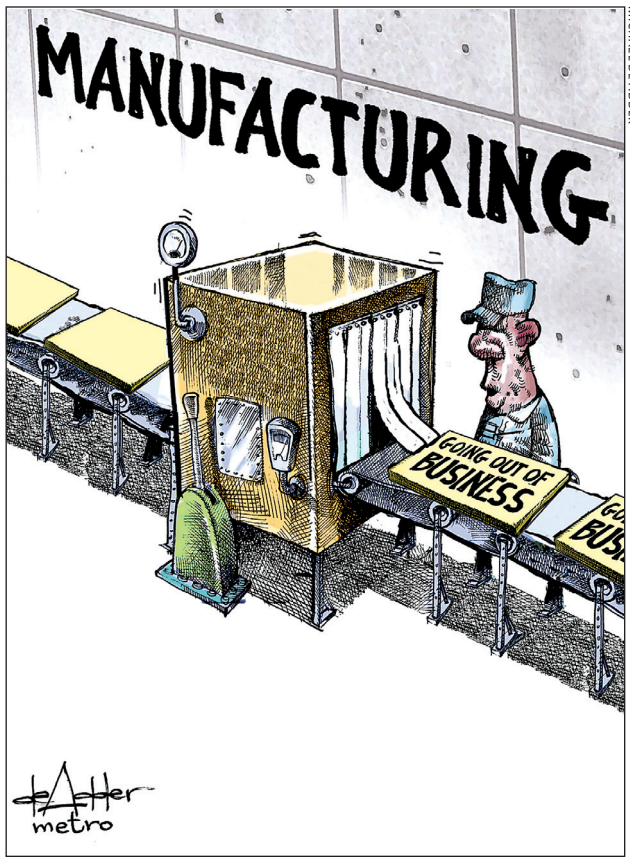
Vietnam and Iraq were two wars which made relations between presidents and prime ministers difficult at best. U.S. President Barack Obama's visit here Thursday provides an opportunity to set aside differences and re-establish harmony between the two countries.

Canadians at this point see eye to eye with the new American president more so than with their own leader, Stephen Harper. The Conservative PM will be sure to bear this in mind. He has just had to bring in a liberal budget. Now he's going to have to all but fall at the feet of a liberal president. To do otherwise would hardly benefit his public standing.

That means you won't see any big disagreements between the U.S. president and the prime minister Thursday in what will be a short, businesslike meeting. On the economy, on energy, on the environment and on Afghanistan, there is plenty of room for discord. In terms of the chemistry between the two men, all is not the most promising either. One is dour and conservative. The other is eloquent and liberal.

But the times and circumstance require they find common ground. And so they will — at least for the time being. More awkward moments for the prime minister will be certain to come. One will be when liberal soulmate Michael Ignatieff, who has close contacts in the Obama camp, travels to Washington later this year for a lengthy and most friendly get-together.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



MICHAEL DE ADDER

Views

Ducks just tip of toxic tailings iceberg

Simon Dyer
Pembina Institute

The recent decision by the governments of Canada and Alberta to charge Syncrude for the death of 500 waterfowl on a tailings pond confirms the seriousness of the environmental challenges facing the oilsands.

Sadly, the ducks are just one of a litany of growing environmental problems. In many ways, the heated debate about the magnitude of potential fines faced by Syncrude and ways to stop birds from landing in toxic waste is clouding a much more important issue — the absence of solutions to deal with the tailings ponds themselves.

Tailings ponds include leftover bitumen, diluents such as naphtha, and toxins including naphthenic acids, phenolic compounds and ammonia. The oilsands industry produces tailings at a staggering rate. Between the time you read this and Syncrude's court date March 25, oilsands companies will have produced another 2,952 Olympic-sized swimming pools of liquid waste. This means everyday another 82 Olympic pools of toxic tailings are created.

More alarmingly, a recent report using industry data calculated more than four swimming pools of toxic tailings leak from the ponds into groundwater and the Athabasca River every day. Government cannot or will not release actual seepage data.

Tailings lakes already cover 130 square kilometres of northern Alberta, an area larger than the city of Vancouver. These should not have been allowed to expand before industry demonstrated it could clean up the mess.

Between the time you read this and Syncrude's court date March 25, oilsands companies will have produced another 2,952 Olympic-sized swimming pools of liquid waste.

Last week, the Alberta Energy Resources and Conservation Board released a directive that acknowledged operators have failed to properly reclaim 40 years of toxic tailings waste. Time will tell if the days of voluntary management are over.

If Canada and Alberta are serious about dealing with this toxic liability, we need to prohibit the creation of new tailings ponds and halt new project approvals until companies with existing oilsands projects can demonstrate ways to extract bitumen without this harmful byproduct.

Government must decide if charging Syncrude is about creating the illusion of action for the benefit of U.S. President Barack Obama, or if they really want to reform the way oilsands are developed. Shedding the dead ducks image and dirty oil tag will require serious changes, not just Band-Aid remedies.

Simon Dyer is Oil Sands Program Director with the Pembina Institute in Calgary. The Institute's reports on the impacts of oilsands are available at oilsandswatch.org

Letters

An ironic turn

Re: Pro-life battles ironic: Group, (Feb. 12)

Joyce Arthur, the national co-ordinator of the Abortions Rights Coalition of Canada, believes the pro-life view is "anti-democratic and anti-human rights."

In reality, pro-life weighs the right of a woman to control her own body, against the right of the unborn child to live.

For those who believe the unborn are human and have rights, it is the pro-choice position which disenfranchises the voiceless, in the name of liberty.

That is the most ironic turn of all.

CHRIS GRAHAM, CALGARY

History is replete with atrocities masked by religion

Re: Atheist ads promote debate, understanding (Feb. 5)

It appears many readers are upset at the possibility of some lighthearted advertisements that suggest atheism has a a right to exist. I support and encourage these ads.

One reader claimed a lack of religion as the reason for "murders and rapes." This despite the fact that only last year the Pope himself was compelled to apologize for centuries of church-shielded sexual abuse.

Murders? 9-11 was a religiously driven mass murder.

History is replete with atrocities masked by the banner of religious expedience and countless innocent lives lost in the name of someone else's "one true path."

If your readers are acquiescing to a religious authority above our right to free thought, then perhaps they have more in common with the zealot Taliban.

Our troops should be honoured, but not by using their sacrifice to encourage a theocracy at home.

RICK KAULBARS, OTTAWA

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Metro Online Poll Results

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Canadians sell foreign securities for fourth straight month
Canadian investors sold $6.4 billion of foreign securities in December, the fourth month in a row that they have repatriated funds, Statistics Canada said yesterday. REUTERS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Software the focus for rivals

Companies race to proclaim new mobile content stores

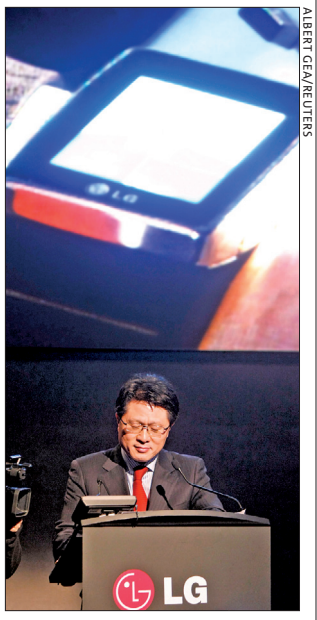
Telecom industry leaders including Nokia, China Mobile and Microsoft raced to announce online software stores yesterday in a drive to find new sources of revenue and please consumers.

The success of Apple's AppStore, which lets iPhone users download thousands of small software programs to personalize the way they play games, listen to music or find directions, has inspired admiration and envy in many of its rivals.

As phone makers and carriers rack their brains for ways to stimulate demand and differentiate themselves in a depressed market, the value of software that is easy and inexpensive to access and quick to respond to trends has come to the fore.

Research firm Strategy Analytics forecasts the value of the mobile content market — including downloadable games, ringtones, wallpapers, video, mobile TV, text alerts and mobile web browsing — will grow 18 per cent to $67 billion US this year.

REUTERS



ALBERT GEA/REUTERS

LG Electronics CEO and president Skott Ahn shows a watch phone at the Mobile World Congress yesterday in Barcelona, Spain.

Canadian factory sales plunged in December

MANUFACTURING The value of Canadian manufacturing shipments fell a record eight per cent in December from November in yet another stark sign of how the global crisis is battering Canada.

The drop — the fifth consecutive month-on-month decrease — was far steeper than the 5.3 per cent fall predicted by analysts and was the worst since Statistics Canada adopted its current method of calculating the data in January 1992.

Statistics Canada said just over half of December's drop reflected price declines. Constant dollar manufacturing sales, which are measured in 2002 prices, fell 4.4 per cent from November.

REUTERS

Forecast

- The eight per cent drop in sales helped cement analyst predictions that the Bank of Canada would once again trim rates early next month.

Chrysler, UAW talks progressing

AUTOS Chrysler LLC and the United Auto Workers have made progress in discussions aimed at cutting debt and operating costs ahead of a deadline today for the automaker to submit a new viability plan to U.S. officials, a person briefed on the negotiations said.

Chrysler, which is controlled by private equity firm Cerberus Capital Management, has been given $4 billion US in emergency federal aid and is seeking an additional $3 billion.

REUTERS

Bow Valley sold to Britain's Dana

ACQUISITION Bow Valley Energy Ltd. is being bought by British exploration firm Dana Petroleum for 50 cents per share in a deal worth $240 million.

It was also announced yesterday that Dana will also assume Bow Valley's debt and liabilities, which total $197 million.

METRO NEWS SERVICES

EnCana to sell gas to Spanish firm

GAS EnCana has signed a contract with Spain's Repsol YPF SA to sell the natural gas it produces at Nova Scotia's offshore Deep Panuke wells.

The contract is binding for the duration of the offshore operations, and proposes creating 300 million cubic feet of gas a day after a startup daily production of 200 million cubic feet.

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Mexico may lose up to 300,000 jobs: Government official

Mexico risks losing up to 300,000 jobs because of the economic crisis despite a government infrastructure spending program that can employ some 750,000 people, Economy Minister Gerardo Ruiz Mateos said yesterday. REUTERS

Electric car ready for debut

INNOVATION Thousands of miles west of Detroit, a California startup hopes to find a market for a three-wheeled, ultra-efficient, downright odd-looking car among consumers sick of spending their hard-earned cash at the gas pump.

The Aptera is an egg-shaped two-seater often likened to a space-age car from the futuristic 1960s cartoon The Jetsons. It is a far cry from the hybrid sedans and electric sports cars being produced by conventional automakers.

Riding in the all-electric version of the Aptera feels similar to a regular car, though its roof-attached doors make getting in and out a challenge. Its long shape provides extra legroom and it runs with a tinny, high-pitched hum.

To the executives behind the vehicle, its aerodynamic design and 100-miles-per-gallon range points the way to the future. And, with 4,000 customer orders already, they believe they have the early following to back up that confidence. REUTERS

Japanese economy worsening

Japan sank deeper into recession with its worst quarterly contraction since the oil crisis in the 1970s, its reliance on exports and soft domestic demand dragging down the world's second-largest economy.

Hillary Clinton, in Tokyo on her first trip abroad as U.S. secretary of state, said Asia and the United States must fight the global crisis together.

She said the U.S.-Japanese relationship was founded on a "commitment to our shared security and prosperity, but we also know that we have to work together to address the global financial crisis."

Even though Japan has been fairly insulated from the collapse of the U.S. credit and housing markets that led to the global downturn, Economics Minister Kaoru Yosano said his country faced its worst economic crisis since the Second World War.

With demand for its cars and electronics waning, an unprecedented slump in exports saw Japan's economy shrink by 3.3 per cent in the fourth quarter of 2008, or an annual rate of 12.7 per cent, marking three straight quarters of contraction. REUTERS

Sudan **Chinese interest yet to wane**

MOHAMED NURELDIN ABDALLH/REUTERS

A Chinese engineer covers his face from dust at a construction site in Sudan's capital Khartoum yesterday. China's interests in Africa have multiplied in recent years, with trade rising 10-fold since 2000 to nearly $107 billion US last year, and Beijing has been at pains to reassure African nations it will not desert them during the economic slowdown.

In **brief**

ENVIRONMENT World leaders meeting in London in April should kick-start a "Green New Deal" to fight climate change and revive the crippled global economy on a sustainable basis, a major UN environment meeting was told yesterday.

STEEL The world steel industry is this year braced for the first output fall in more than a decade as capacity usage remains low and consumers stay away from the market, a Reuters survey showed.

ART Russia's second largest gas firm Novatek is sponsoring an exhibit of 30 paintings by one of Russia's most esteemed 20th century artists, Kuzma Petrov-Vodkin, on his home soil in southern Russia. REUTERS

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Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Calling all Shopaholics

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This past weekend, women everywhere flocked to theatres to check out the highly anticipated Confessions of a Shopaholic.

If, while watching this movie, you felt like you had missed your casting call, it might be time to look at your own spending.

Now, as self-reformed shopaholics, we know that there are some things that you simply can't live without. But we think that it is all about finding a way to get the must-haves for less.

• Before hitting the malls, begin at home. Clean out your closet and give away (or donate) anything that does not make you feel your absolute best. Better yet, get some honest girlfriends to weigh in on the decision. Next, make a list of the absolute must-haves and when you hit the mall, stick to the list. This will avoid any of those impulse purchases, which shopaholics are known for.

• Make friends with the salespeople — they will tell you when the steals and deals are happening, and sometimes even offer you the discount before the actual sale. Also, check to see if the same stores have a VIP emailing list. If it's an item you must-have, you might as well get it on sale.

• Put your money into long lasting pieces like coats, shoes and handbags. Items like basic T's and skinny jeans can be purchased on the cheap. Ask yourself how much use you will really get from an item, and invest in the things that will last the longest.

Don't buy anything that you don't completely love.

• Instead of shopping at the mall for your beauty products, check out the drugstore. Some of the most popular products can be found at your local drugstore for a lot less — from Maybelline's Great Lash to Oil of Olay's Regenerist, you can literally save hundreds of dollars a year, just by making this simple change.

• Don't buy anything that you don't completely love. Many of us fall into the trap of buying something with the intention of returning it in a few days if we change our mind. Let's be honest, how often does that item ever really get returned? Instead, walk away and think about it. If you are still daydreaming about that dress in a week, you can reassess.

• Lastly, find a friend or family member who wants to be your "in case of (a spending) emergency" buddy. During those moments of weakness when you are tempted to spend on something you know you shouldn't, call your friend and they will remind you of what you'd rather have that money for.

For more money saving tips, tune into season two of the Smart Cookies on the W Network, Monday nights at 10:30 p.m. PST/EST.

If you have comments or questions, email us at smartcookies@metronews.ca.

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

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When to report home losses

MoneyMatters

Henry Choo Chong

choochonghcga@yahoo.ca

Q Last June, my wife and I closed on a new home purchased in October 2006 for investment purposes. Although our tenant pays all utilities, we have a cash shortfall every month for which we must pay ourselves. Should this purchase transaction have been reported in 2006? How much and where on our tax return do we account for the closing cost, new air conditioner, paint, etc.?

— Dan and Ashley

A Even with the current economic climate and recent reports that indicate an 11 per cent price decline in Canadian real estate, your investment maybe worth greater than the original 2006 purchase price. Real estate is a long-term investment and not to be sold for a quick buck.

In 2006, you had no filing requirements. However, maintain records and copies of the original purchase and sale agreement and all closing costs. These documents will be required to determine your capital gain/loss in the year of sale. Real estate rents are reported on form T776 Statement of Real Estate Rental. The form is detailed; it includes the rents that must be reported and deductible expenses. Closing cost, a new air conditioner and the like are reported on a separate schedule.

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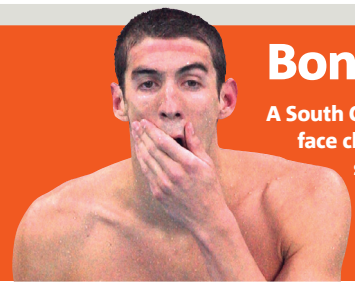
Big Papi believes in big suspensions

Boston Red Sox slugger David Ortiz says players who test positive for steroids should be suspended from baseball for the entire season. The designated hitter says the way to clean up the game is through testing and not by taking players to court. METRO NEWS SERVICES

Sports



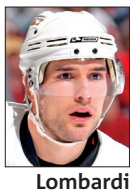
Bong-gate comes to a close

A South Carolina sheriff said yesterday swimmer Michael Phelps, left, will not face charges after a photo of the 14-time U.S. gold medallist showed him smoking from a marijuana pipe. Sheriff Leon Lott said that he didn't have enough physical evidence to charge the swimmer, but defended his investigation. Phelps released a statement saying he was glad the matter has been put to rest. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Lombardi named NHL's second star

NHL Zach Parise was named the NHL's first star of the week yesterday. The New Jersey winger led all scorers with eight points and helped the Devils to four victories. Parise has already set a career high in goals with 34 this season.



Lombardi

Flames centre Matthew Lombardi was named second star while Ilya Kovalchuk of the Atlanta Thrashers took the third star honours. Lombardi recorded seven points last week, helping the Flames earn seven of eight available points.

Johnson traded to Bombers

CFL The Winnipeg Blue Bombers have acquired defensive back James Johnson from Saskatchewan in exchange for a conditional draft pick in 2011, the club announced yesterday. Johnson, who spent the last three years with the Roughriders, was the MVP of the Grey Cup in 2007, as he picked off the Bombers three times en route to victory. "We're excited that he decided to join the right side of the Banjo Bowl," said Winnipeg coach Mike Kelly of Johnson.

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Win builds Janyk's confidence

Canadian ski racer Michael Janyk stood at the top of an icy pitch Sunday where so many hopes had been shattered yesterday with one thought: Podium or bust.

In a scenario that could be similar to one he'll face in next year's Olympics in his hometown of Whistler, Janyk knew he had to risk it all in his second run of the men's slalom, the curtain closer at the world alpine championships in Val d'Isere, France.

"I was in the start and I said to myself 'We have nothing to lose. I'm in ninth place. I want to move up as much as possible and I need to attack.'"

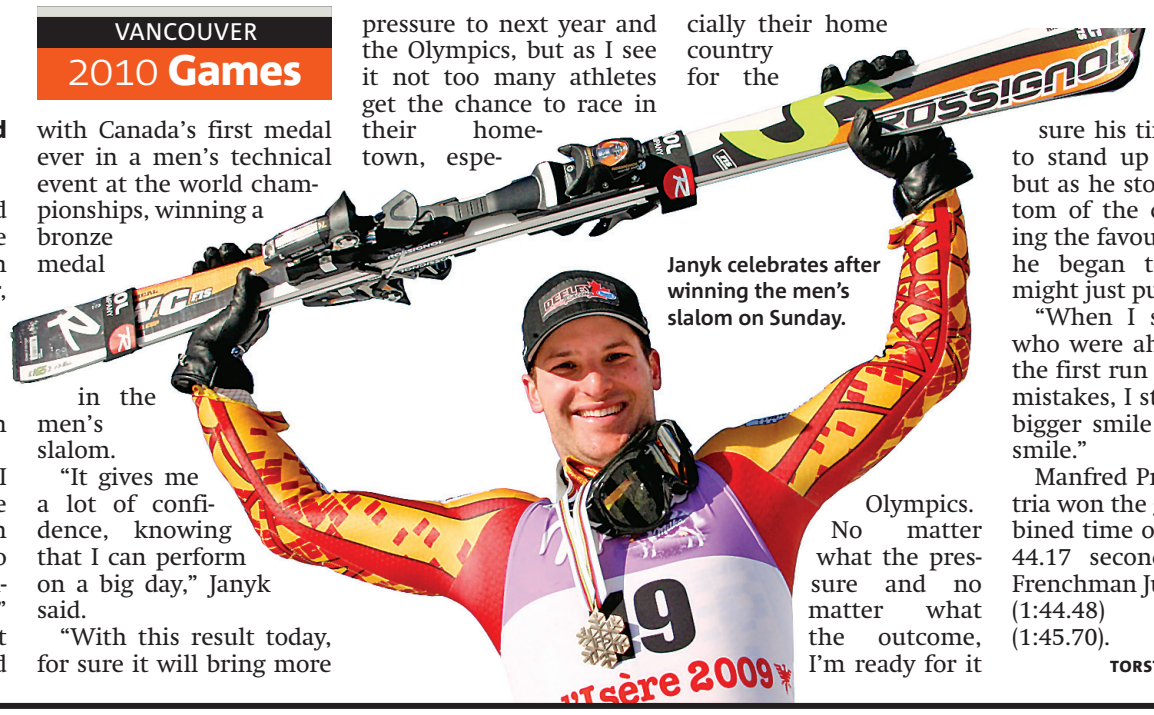
The 26-year-old did just that and was rewarded

VANCOUVER 2010 **Games**

with Canada's first medal ever in a men's technical event at the world championships, winning a bronze medal in the men's slalom.

"It gives me a lot of confidence, knowing that I can perform on a big day," Janyk said.

"With this result today, for sure it will bring more pressure to next year and the Olympics, but as I see it not too many athletes get the chance to race in their hometown, especially their home country for the Olympics. No matter what the pressure and no matter what the outcome, I'm ready for it and glad that it's happening."



Janyk celebrates after winning the men's slalom on Sunday.

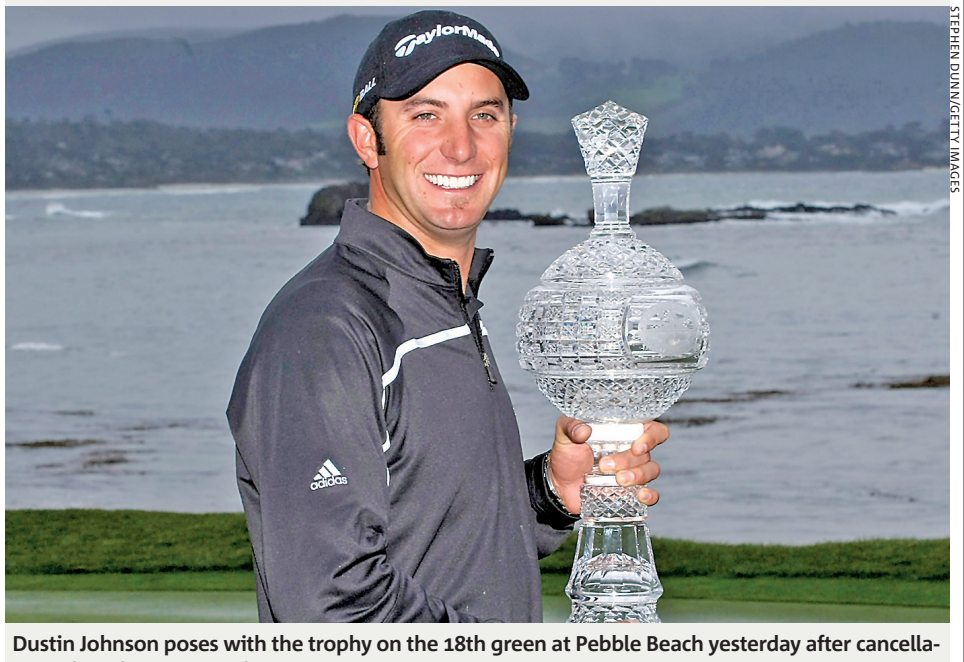
Janyk wasn't sure his time was going to stand up for a medal, but as he stood at the bottom of the course watching the favourites go down he began to realize he might just pull it off.

"When I saw the guys who were ahead of me in the first run making those mistakes, I started to get a bigger smile and a bigger smile."

Manfred Pranger of Austria won the gold in a combined time of one minute, 44.17 seconds, ahead of Frenchman Julien Lizeroux (1:44.48) and Janyk (1:45.70).

TORSTAR NEWS SERVICE

Golf **Weir washed out, Johnson wins Pro-Am**



STEPHEN DUNN/GETTY IMAGES

Dustin Johnson poses with the trophy on the 18th green at Pebble Beach yesterday after cancellation of the final round of the the AT&T Pebble Beach National Pro-Am. Canadian Mike Weir sat in second place, four strokes back, when the tournament was called due to bad weather.

Sports in brief

NHL The Montreal Canadiens, who were looking to boost their defence and power play, have acquired defenceman Mathieu Schneider in a trade with the Atlanta Thrashers. The Habs are sending second- and third-round draft picks to the Thrashers for the 39-year-old. Schneider began his career with Montreal in 1989 and played on the Canadiens' last Stanley Cup team in 1993.

NBA The Phoenix Suns fired coach Terry Porter yesterday, just four months into his first season with the club and the sputtering team barely in playoff contention. Assistant coach Alvin Gentry replaces Porter on an interim basis. Phoenix (28-23) lost five of eight going into the all-star break and trails Utah by one game for the final playoff spot in the West.

Porter

CFL The Toronto Argonauts dramatically bolstered their offensive line yesterday, agreeing to terms with free agent tackle Rob Murphy. The six-foot-five, 310-pound Murphy was regarded as the top lineman in free agency and among the top players available overall.

CFL The BC Lions announced yesterday that free agent all-star linebacker Anton McKenzie has agreed to terms on a contract. McKenzie has appeared in 30 regular season CFL games recording 68 tackles, one sack and two interceptions.

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the Bay

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Jags cut Taylor

The Jacksonville Jaguars have released running back Fred Taylor, the latest move in the team's makeover. Taylor, who has spent his entire 11-year career in Jacksonville, is 16th on the NFL's all-time rushing list. METRO NEWS SERVICES

ATP condemns Peer ban in UAE

TENNIS Players and officials have criticized the United Arab Emirates for denying top Israeli player Shahar Peer an entry visa on the weekend. Peer had been expected to compete at the Dubai Championships, but the future of the $2-million tournament remains uncertain after the women's world No. 45 was prevented from entering the country. Like most Arab countries, the UAE has no diplomatic ties with the Jewish state and Israeli citizens are routinely denied entry. Like the WTA, ATP rules state tournaments cannot discriminate against players, and if they do, they could lose their sanction.

REUTERS

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Ottawa 2 Nashville 0
Dallas 3 Columbus 2 (SO)
N.Y. Islanders 3 Pittsburgh 2 (SO)
St. Louis 2 N.Y. Rangers 1
Edmonton 3 Phoenix 1
Atlanta at Los Angeles

TONIGHT'S GAMES

Vancouver at **CALGARY**
Boston at Carolina
Buffalo at Toronto
Chicago at Tampa Bay
New Jersey at Florida
Ottawa at Colorado
Edmonton at San Jose

Old man Lemieux relishes comeback

PERRY LEFKO
for Metro Canada

More than once in his career, Claude Lemieux has proven to be a renaissance man.

But few could have imagined he'd re-invent himself again as a National Hockey League player at age 43 and having been away from the game for more than five years.

After playing for parts of 20 years in the NHL before retiring after the 2002-03 season with Dallas, Lemieux made his return in January after the San Jose Sharks signed him to a contract.

The Sharks had signed him to a minor-league contract in November with their American Hockey League team in Worcester, Mass., following a stint with two teams the Sharks own and operate in Asia.

Lemieux made the comeback feeling he still had something to contribute to the game, and to show a side of him to his two kids from his second marriage who really hadn't seen him play before.

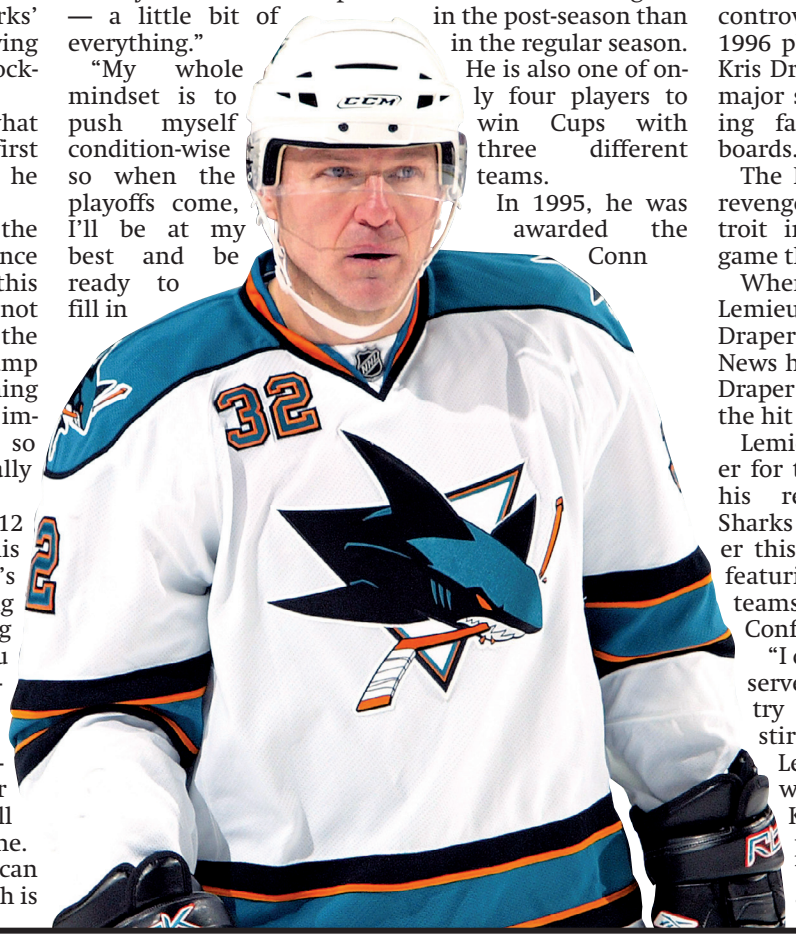
Though Lemieux is playing only a few minutes a game on the Sharks' fourth line, he is enjoying the new lease on his hockey life.

"It reminds me of what it was like when I first started in the NHL," he said.

"You kind of start in the same place, The difference is, I know I can play at this level and be effective, not just go out and stay on the ice 15 seconds and jump off in fear that something happens. I can really impact and be effective, so that makes me feel really good.

"Ideally, if I get 10, 12 minutes a game at this stage of my career it's perfect. They're getting to know me, I'm getting to know them, so you couldn't ask for a better situation.

"They didn't bring me here to put pressure on me to score or get points — goals will come, points will come. It's about everything I can bring to the team, which is leadership and experience and physical presence. You need guys like that on a hockey team, like a recipe — a little bit of everything."



"My whole mindset is to push myself condition-wise so when the playoffs come, I'll be at my best and be ready to fill in whatever role they need me to fill."

Three times in his career he has scored more goals in the post-season than in the regular season. He is also one of only four players to win Cups with three different teams.

In 1995, he was awarded the Conn Smythe Trophy as the Most Valuable Player in the playoffs.

He is also known for a controversial hit in the 1996 playoffs on Detroit's Kris Draper, who required major surgery after crashing face first into the boards.

The Red Wings exacted revenge on Lemieux in Detroit in a regular-season game the next season.

When apprised of Lemieux's comeback, Draper told the Detroit News he wished him luck. Draper also said he has put the hit in the past.

Lemieux will face Draper for the first time since his return when the Sharks play in Detroit later this month in a game featuring the top two teams in the Western Conference.

"I don't think it would serve a good purpose to try to fuel the fire or stir things up," Lemieux said. "I always said 'I never hit Kris Draper.' I hit a player that was there. I never went after him."

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Suns' Richardson charged with reckless driving
Jason Richardson was arrested Sunday after police said he was driving 88 km/h over the limit with his unrestrained three-year-old son in the car. The team suspended him one game as a result. METRO NEWS SERVICES

NHL Five in a row for Senators

M. J. MASOTTI JR./REUTERS

Nick Foligno passes the puck behind him as he is checked by Predators defenceman Greg Zanon last night. Ottawa shut out Nashville 2-0 for their fifth straight win.

It's about the summer

Raps want to be a player in '09 because they may not be in '10

TheScore

Adnan Virk
adnan.virk@thescore.com

The Toronto Raptors this season have been a flaccid squad that's on pace for an anemic 31 wins.

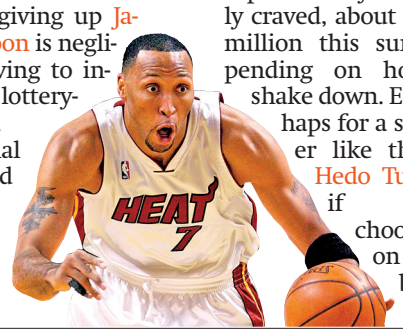
Clearly, change was in order.

And so we have the long-gestated trade of Jermaine O'Neal for Shawn Marion officially consummated.

The Matrix Reloaded, on the verge of turning 31, has seen his numbers dip but could showcase some of his explosiveness in an offence that would be more suited to his tastes while playing for a contract, as he'll be a free agent in a couple of months.

O'Neal had proved himself an awkward and unreliable fit in Toronto.

While giving up Jamario Moon is negligible, having to include a lottery-protected conditional first-round pick to come sometime between 2010 and 2015 is no small carrot, while accepting Marcus Banks and his inflated contract could be a detriment.


Matrix reloaded?

For Banks it's not the Heat, it's the humility – over $4 million a season for 10 minutes a game? Sign me up!

But ultimately this deal gives Bryan Colangelo the cap flexibility he desperately craved, about $10 or $11 million this summer, depending on how things shake down. Enough perhaps for a sharpshooter like the Magic's Hedo Turkoglu or, if Colangelo chooses, Marion if he's reborn like Mickey Rourke down the stretch.

Of course, Anthony Parker, Joey Graham and even Carlos Delfino will all be on the president and GM's radar.

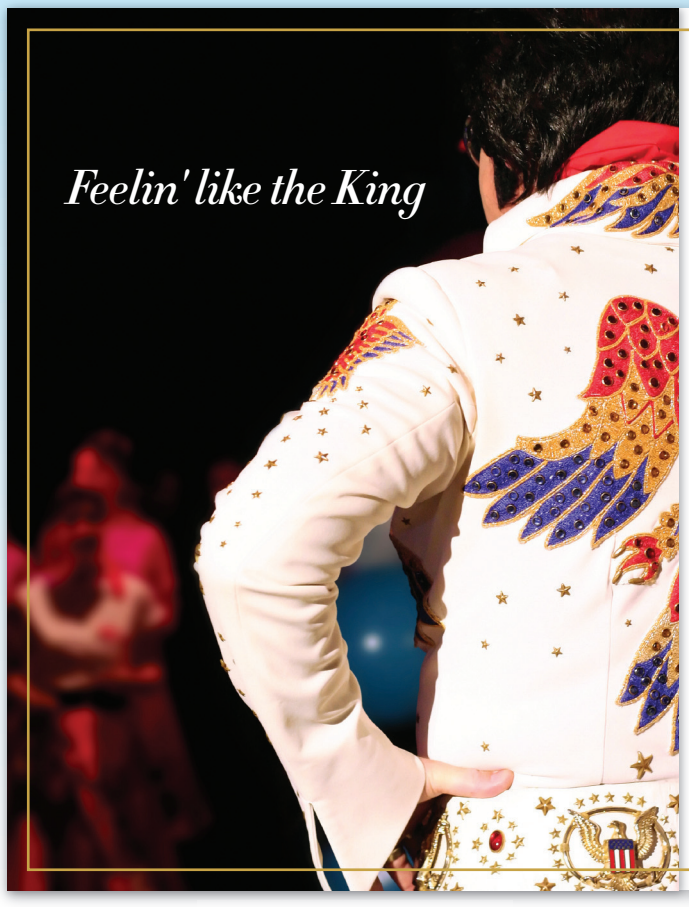
To expect this team to contend for a playoff spot down the stretch would be foolhardy. They'd need to go 17-10, a winning percentage of over .600 after playing under .400, just to get to 38-44, the bare minimum you would think would be needed to make the playoffs and earn the dubious distinction of being annihilated by Boston or Cleveland.

Of the remaining 27 games, it's true that 11 of those are against teams currently seeded eighth to 13th in the East, but don't succumb to the temptation to dream.

This trade leaves me about as unfulfilled as Jessica Simpson being told she can't have any more Twinkies. Wait for Colangelo to really make a move this summer.

Adnan Virk covers the Raptors and everything else for The Score television network.

AIR CANADA VACATIONS



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Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Stretching your beauty buck

Tips to extend time between salon/spa visits

Be a "recessionista" and still look great with this beauty advice on where to save and where to splurge.

JANINE FALCON
for Metro Canada

Riding the **Recession**

Coined to refer to a fashionista with mad bargain-hunting skills, the term "recessionista" now includes the smart shopper who knows how to stretch her beauty buck.

Armed with clever ways to extend the time between salon/spa visits, she judiciously swaps prestige for mass, and looks as fabulous as ever without letting on she's pinching beauty pennies. The key, of course, is knowing where to spend and where to save.

For instance, for hair that looks as polished as it does when you leave the salon, you have to spend on quality tools and brushes. Happily, Toni & Guy provides a way to save with new-to-drugstores pro hairdryers and flatirons starting at just $69. To get that shiny smooth finish, you still need to hit a salon or beauty supply store for good boar-bristle brushes, which can cost around $20 or more, but for volume styling, you can pick up Goody velcro-type rollers in various sizes at $3.99 per package.

Clockwise from top, Physicians Formula Organic Wear 2-in-1 Bronzer & Blush, $21.99, Goody So Finished Rollers, $3.99, Toni & Guy Hairdryer, $69.99, Neutrogena 14 Day Rescue, $30.99.

And guess what? You can save on hair care products. In the U.S., Pantene did a huge salon challenge in which 3,600 salon-brand consumers did a blind comparison of hair-type specific professional formulas versus the Pantene collections, and 68 per cent of the participants agreed that the drugstore brand was as good or better than the salon products they were using.

Space out those $100 spa facial appointments with daily exfoliation help from Aveeno Positively Radiant Dual Textured Cleansing Pads ($11.99 for 28 pads) or a face cream such as RoC Retin-OL + Day SPF 30 ($50.99). In a pinch, try a kit such as Neutrogena Ageless Intensives 14-Day Skin Rescue ($30.99), which promises a younger-looking complexion in 14 days.

While you might like to spend a bit more on your makeup, don't discount drugstore brands. Think two-in-one skincare plus makeup, such as Olay Total Effects with a Touch of Foundation ($24.99).

If you're thinking green, try earth-friendly packaged Physicians Formula Organic Wear, which contains certified organic ingredients, is free of harsh chemicals, synthetic colour, fragrance and preservatives, and ranges from $11.99 to $21.99. As for maintaining your $25 manicure, keep polish fresh with home applications of protective top coat, such as Revlon Quick Dry Top Coat ($6.50), and, advises Debbie Trigilidas at Concepts Day Spa Salon in Toronto, wear rubber gloves to do dishes and chores. You know you can get rubber gloves at the dollar store, right?

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Gay superhero as a role model

DC Comics will create lesbian Batwoman

The J Spot

Josey Vogels

Sex talk with Josey

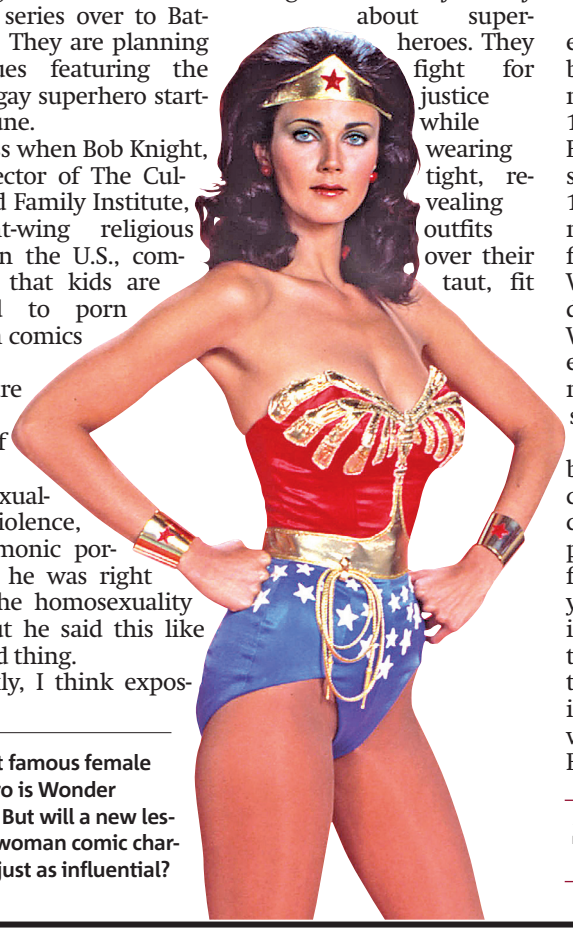
Comics have come a long way since I was a kid. I certainly don't remember any Jewish, lesbian superheroes in them, for example. Yes, DC Comics has just announced that Batman will be taking a backseat this summer and handing the Detective Comics series over to Batwoman. They are planning 12 issues featuring the openly gay superhero starting in June.

I guess when Bob Knight, the director of The Culture and Family Institute, a right-wing religious group in the U.S., complained that kids are exposed to porn through comics because they are "chockfull of nudity, homosexuality, violence, and demonic portrayals" he was right about the homosexuality part. But he said this like it's a bad thing.

Frankly, I think exposing young comic book fans to a strong, lesbian character would induce these mostly young boys (and maybe a few young girls too) to think that well, apparently some Jewish lesbians can really kick butt in a cape.

As for the demonic portrayals, personally, I grew up reading Archie comics, and granted, while Reggie could be pretty mean, demonic might be stretching it.

I also wouldn't go so far as to equate comics with porn, but I do agree that there is certainly something undeniably sexy about superheroes. They fight for justice while wearing tight, revealing outfits over their taut, fit bodies. They maintain an air of mystery by wearing masks or hoods. And while their strong, dominant side makes them, er, superheroic, they usually have a vulnerable side that makes them human and sweet. It's that perfect combination of strength and vulnerability we all seek in an ideal partner.



The most famous female superhero is Wonder Woman. But will a new lesbian Batwoman comic character be just as influential?

Knight fears that comic books induce young boys to sexual violence because, rather than being taught to respect women and be protective of them, they see them as "targets, both for sexual conquest and as combatants."

Again, not so sure. Modern-day superheroes have been around since Superman made his debut in 1938. Phantom Lady and Black Cat, the first female superheroes, showed up in 1941, followed just a few months later by the most famous female superhero, Wonder Woman. And who didn't respect Wonder Woman and her ability to elicit the truth from evil men with the flick of a lasso?

In fact, while they may be overly curvy and their clothes a little tight, one could argue that female superheroes are some of the few take-charge women young men are exposed to in popular culture. And if they see that some of these take-charge women are Jewish and lesbian, I say, "Holy way to push the envelope, Batwoman."

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Timberlake tops style list

In March's GQ magazine, Justin Timberlake leads the list of the 10 Most Stylish Men in America for his impact on fashion and helping launch trends like hats, three-piece suits and skinny ties. Where does the singer get his inspiration? From his step-dad, banker Paul Harless. USMAGAZINE.COM

Entertainment

Hayek weds

Salma Hayek has married French businessman Francois-Henri Pinault. The Oscar-nominated actress — who has a 16-month-old daughter with Pinault— reportedly tied the knot on Valentine's Day. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

The battle for Oscar's best song

Slumdog Millionaire, Wall-E square off

BRYAN BORZYKOWSKI
for Metro Canada

Most people tune into the Academy Awards for the glitz, glamour and the best picture trophy, but for music lovers the real show is all about best original song.

This year's battle for Oscar is a little less fierce than in past years — two songs penned by Indian-born songwriter A.R. Rahman for Slumdog Millionare are up against a tune by Peter Gabriel from Wall-E — but the songs might be the most interesting to vie for the prize yet.

That's thanks to Rahman, whose songs O Saya, which features Sri Lankan songstress M.I.A. on vocals, and Jai Ho brilliantly fuse American-electro sounds with traditional Indian melodies, a musical combination that's never graced an Academy Award stage.

While it's a good bet one of Rahman's tunes will win, Peter Gabriel's Down To Earth — a fun, but relatively laid-back affair — has history on its side. Some of the more recent winners haven't been boisterous over-the-top tunes like Slumdog's are, but rather quiet, introspective singer-songwriter sounds.

Last year's winner Falling Slowly was a passionate duet by The Frames' Glen Hansard and Czech songstress Markéta Irglová. It was a victory for indie rock fans, but not so much for outside of the box artists.

Melissa Ethridge, Jorge Dexler, Bob Dylan and Phil Collins have all taken home a trophy too, and while the songs were award-worthy, they all fit a similar singer-songwriter mold.

If it's not guys or gals with guitars (or, in the '80s, pianos), it's ensemble musical numbers. Songs from the Little Mermaid, Fame, Mary Poppins and Dirty Dancing have all won Oscars; the most nominations and wins belongs to Sammy Cahn, a Broadway lyricist.

Despite the fact that plenty of the music world's most acclaimed tunes have won best original song (Take My Breath Away, I Just Called to Say I Love you, Que Sera Sera have all been victorious), some of the most memorable winners have come from unlikely artists.

A pair of tunes from Slumdog Millionaire, above, and one from Wall-E are up for best original song at the Academy Awards.

It's hard to forget Three Six Mafia's thrilling 2005 performance of Hustle and Flow's It's Hard Out There For a Pimp — and their even more stunning win, becoming the first African-American music group to ever take home an Oscar. And, although they didn't snag the main prize, Beyoncé's pitch perfect, '60s-style pairing with Jennifer Hudson on Dreamgirls' Listen was easily one of Oscars' most memorable duets ever.

So while Peter Gabriel could follow in the footsteps of many other big name solo artists, Rahman's brilliant fusion of multi-cultural musical styles, and the fact that he's somehow not up against Springsteen's remarkable track for The Wrestler, likely means his name will be called on Sunday.

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Slumdog adds to awards collection
The Oscar frontrunner took top honours at separate awards dinners Sunday hosted by the American Society of Cinematographers (ASC) and the American Cinema Editors (ACE). The ASC award went to Anthony Dod Mantle, while Chris Dickens won the ACE editing award. REUTERS

The DKNY mantra

KENYA HUNT
Metro World News

Donna Karan is more prepared to deal with this economic downturn than most.

"I started my company in one of them," she tells me in her Urban Zen store in New York, which makes a calm, quiet contrast to the busy preparations for the DKNY show happening in her work studio next door.

Incense smoke snakes its way through the air, adding to her image as the fashion world's spiritual queen yogi. But underneath her relaxed, oversized sweater and leotard (she wears one everyday), lies a mogul with a shrewd business sense.

She began honing it early on. Her father was a custom tailor, and her mother a showroom model. "I was brought up on 7th Avenue. It's in my blood. It's in my character and nature," she adds.

Designer Donna Karan is tailoring her fashion philosophy to the needs and demands of the recession.

Q You've weathered several economic downturns. Have you noticed a difference in how this one is affecting your approach to Donna Karan Collection and DKNY?

A I wasn't even aware of it in the process, but you'll see that the fall Donna Karan is very reflective of the collection that I did in 1985. And that will be very obvious to everyone. Meanwhile, DKNY, which just celebrated its 20th anniversary, will be more about sophistication and moving forward. We're catering to another generation.

Q For women who are scaling back on their shopping and trying to decide what to invest in, what advice would you give?

A There has to be an emotional purpose. And you have to think about what is lacking in your wardrobe. Look for things that flatter the body and make you feel good. The minute I put on one of these pieces (motioning to her sweater), it makes me feel good. It's not about the garment, it's about you. But I think that more people should remember the importance of buying in this climate. It's important because you're buying to help another human being, to save a job.

Q Karl Lagerfeld and (Council of Fashion Designers of America president) Steven Kolb said in separate interviews that the good thing about the recession is that it's making the fashion industry scale back and focus on fashion again. Would you agree with this?

A Oh God yes. I think it's a paring down and I think there's an awakening. Things have been so fashion driven. Fashion seems to come and then it feels like last year's fashion.

It's good to get back to an idea of seasonless dressing and allowing the consumer to have clothes with longevity to them, while at the same time giving them a reason to buy.

And teaching the customer that if sales continue the way they are, there will be no industry. This is not something as frivolous as the world of fashion. It's affecting everyone the world over.

Riding the **Recession**

Full circle

- "DKNY started as a sportswear brand. There are essential iconic style elements with DKNY and we're returning to those," Donna Karan explains. She breaks them down.
- A great pair of jeans
- The anorak
- A T-shirt
- A trench coat
- The boyfriend jacket
- The jumpsuit

Read an exclusive interview with designer Yohji Yamamoto and reviews of all the runway shows at metronews.ca/style

Show targets war crimes

TV NBC stopped producing episodes of its hit To Catch A Predator series without ever really explaining why.

Was the enormous popularity of the show finally sinking into the heads of would-be sex predators? Or perhaps it had something to do with the settlement of a $105 million lawsuit from the family of Bill Conradt, who shot himself in the head as a SWAT team and host Chris Hansen waited outside his house?

NBC now has plans to launch an even bolder version of the series — targeting war criminals — indicating that the latter theory seems less likely.

The planned show is taking some criticism from government officials. The Department of Homeland Security told the New York Times "that a program of this kind could negatively impact law enforcement's ability to investigate and bring cases against the perpetrators of these horrible crimes."

REUTERS

First special

- NBC's first special is said to target Leopold Munyakazi, a visiting professor of French at Goucher College in Towson, Maryland, over war crimes conducted in Rwanda. Munyakazi denies the charges.

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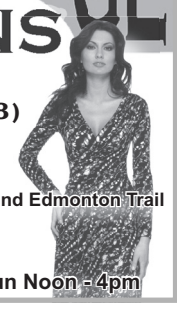

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Benjamin Button scores big at overseas box office

Lavished with 13 Oscar nominations, The Curious Case of Benjamin Button showing considerable strength at the foreign box office, logging a second consecutive weekend at No. 1 with an estimated $31 million from 53 markets. **METRO NEWS SERVICES**

Idlout rocks north to south

BRIAN TOWIE
for Metro Canada

ILIA HORSBURGH PHOTO

A rocker from head to toe, Lucie Idlout plays at the Liberty Lounge on March 4.

Don't get the wrong idea about Lucie Idlout.

Sure, the singer-songwriter, who splits her time between Toronto and her hometown of Iqaluit, pens and performs rockers and ballads that address issues within her First Nations community on Swagger, her second album, which dropped on Feb. 10. But don't expect any throat-singing; Idlout is a rocker for all audiences first and foremost.

"I'm the only Inuk in this town that I hang out with," she said. "The themes that I write about are universal. I am informed by my culture in terms of who I am as a person … I don't broadcast it."

In fact, the rock chanteuse, who opened up for the White Stripes in Iqaluit in 2007 during that band's foray into the Canadian North, doesn't broadcast anything she doesn't think merits saying. Growling guitars accompany laconic, straight-to-cases lyrics, as framed in her track Lovely Irene, a harrowing recount of the domestic abuse suffered by a close friend.

The song had legs. The mayor of Iqaluit renamed the street on which that town's women's shelter sits after the acoustic version of the song, Angel Street, which led other cities across the country (Fredricton, N.B., is leading the charge) to consider doing the same.

"Whenever you can contribute to the cause of people's greater well-being, it's a good thing," she says.

Idlout is an accidental, and reluctant, spokesperson for the North. She notes there's a common misconception among "Southerners" — the idiom those living above the tree line have for the rest of us — that the North is a cold, barren land of toubled communities, bordering on Neolithic. Though less cosmopolitan than Toronto or Montreal, it's simply not the case, and she feels people need to learn more about the country in which they live.

"I think for anyone to have a notion of what any place is, without having been there, is odd to begin with. I think people generally believe that we're stuck in the Stone Age and we haven't adapted or made contribution to the modern world, and that's not true," she said.

"There are people who live a modern life and a traditional one as well. It's a dangerously fun place. Spring's coming, the season for nudie-skidooing."

If you go...

- Lucie Idlout will be playing on March 4 at the Liberty Lounge.

Simon and Garkunkel reunited in New York

MUSIC Paul Simon and Art Garfunkel joined forces for a surprise reunion in New York on Friday, performing three songs during the encore of Simon's show at the newly renovated Beacon Theatre.

The occasional adversaries dueted on The Sound of Silence, The Boxer and Old Friends, in what is believed to be just their third appearance together since concluding a 2004 reunion tour. Garfunkel had flown in from Florida, where he played in Key Largo the night before, and he returned to play in Fort Pierce the next night.

The reunion added extra glitz to an evening attended by celebrities such as New York mayor Michael Bloomberg, Paul McCartney, Jon Bon Jovi and Jimmy Fallon, and showcased the Beacon's refurbished interior and new sound system. **REUTERS**

Indie rockers connect for AIDS benefit

MUSIC In 1993, Nirvana, Sonic Youth, Soundgarden, the Smashing Pumpkins and Pavement brought AIDS activism into the bedrooms of grunge-obsessed teens on the benefit album No Alternative, marrying music to message in a way that registered strongly with Generation X.

In the same vein Red Hot Organization — an international production company dedicated to fighting AIDS through pop culture — is preparing for today's release of Dark Was the Night, a sort of indie rock sequel to No Alternative curated by the National's Aaron and Bryce Dessner.

To be issued by 4AD, the 32-song collection showcases the leading lights of the genre, including Spoon, Arcade Fire, Cat Power, Sufjan Stevens, Bon Iver, Grizzly Bear, Iron & Wine, Andrew Bird, Yo La Tengo, the New Pornographers and the National itself.

Proceeds will benefit as-yet-undetermined AIDS organizations. **REUTERS**

For more movie reviews, features and to buy tickets check out Metronews.ca

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/17/09 primetime	267	351	- ACCESS	Truth, Duty, Valour		Without a Trace (N)		Law & Order: Criminal Intent		Cold Case		Truth, Duty
	243	317	3 CFCN	etalk	Hollywood	Law & Order: SVU		American Idol (HDTV) Twelve semifinalists perform.				News (N)
	-	-	4 OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Homeland Security USA		Scrubs	Scrubs	Primetime: You
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Wild Roses (N) (DVS)		CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	90210 (HDTV)		NCIS "Bounce" (N)		Project Runway Canada		News Hour
	246	-	8 CKAL	Law & Order: SVU		Primetime: What Would		Privileged (HDTV)		Scrubs	Scrubs	Your City
	119	705	9 CBXFT	Virginie (SC)	La Facture	Providence (N) (SC)		Roxy (N) (SC)	Grosse vie (N)	Le Téléjournal et Les Nou		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News (N)	Hollywood	The Doctors		NCIS "Bounce" (N)		The Mentalist (HDTV) (N)		Without Trace
	-	374	14 KSPS	NewsHour With Jim Lehrer		Nova (HDTV) (DVS)		Wild (DVS)		Frontline (N) (DVS)		Chernobyl-Nuc
	502	390	15 CBC	CBC News: The National		The Third Sex (N)		CBC News: The National		CBC News: The National		The Third Sex
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Biggest Loser (N)				Law/Ord SVU
	-	373	22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	American Idol (HDTV) Twelve semifinalists perform.				News (N)
	297	652	37 WPIX	Privileged (HDTV)		PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier
news	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31 CNN2	Lou Dobbs Tonight		Nancy Grace		Showbiz Tonight		Lou Dobbs Tonight		Nancy Grace
sports	400	400	21 TSN	NHL Hockey	SportsCentre		That's Hockey!	SportsCentre	In This Corner	Billiards 2008 Mosconi Cup.		Winter X
	408	418	27 net	Flames Conn	NHL Hockey Vancouver Canucks at Calgary Flames. (HDTV) (Live)					Sportsnet Connected		Flames in Hour
	410	403	30 SCORE	(5:30) Court Surfing		Score Tonight		Hardcore Hockey Talk		Poker 888.com UK Open.		Final Score
	411	457	44 OLN	Mantracker		Dog: The Family Speaks		Survivorman		Mantracker		Dog: Speaks
	417	406	48 SPEED	Super Bikes!	Super Bikes!	Hot Import	Hot Import	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!
family	552	543	20 YTV	Drake & Josh	iCarly	Adrenaline Proj	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	Prank Patrol	Falcon Beach
	557	541	39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545	67 TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
cable variety	575	583	11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Three Wishes		Home Improve.	Home Improve.	Reba
	553	546	17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Rolie Polie Olie	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	-	18 CHTV	The Insider (N)	E! News	Ruby		The Biggest Loser (N)				News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	Style by Jury	Style by Jury	Will & Grace	Friends	How to Look Good Naked		Style by Jury	Style by Jury	Naked
	521	560	24 TLC	17 Kids-Count	17 Kids-Count	Toddlers & Tiaras (N)		Jon & Kate	Jon & Kate	17 Kids-Count	17 Kids-Count	Toddler-Tiara
	603	561	25 FOOD	The F Word		Good Eats	Good Eats	Iron Chef America		Challenge		The F Word
	615	520	26 A&E	The First 48 (HDTV)		Manhunters	Manhunters	The Beast (HDTV)		The First 48 (HDTV)		The First 48
	617	522	32 SHOW	Wife Swap		The Outer Limits		Mutant X		Testees	Trailer Park	The L Word (N)
	601	562	33 SLICE	Rich Bride, Poor Bride		End of Leash	End of Leash	ET Canada	Matchmaker	Trinny and Susannah Undress		Trading Sp
	-	633	34 ENC2	(7:10) *Winter Stories* ★★ (1999, Drama), Denis Bouchard				*Chariots of Fire* ★★★ (1981, Drama) Ben Cross.				*Greystoke-Tzn.*
	520	505	35 DISC	Destroyed	Time Warp (N)	Extreme Loggers (N)		Daily Planet		Destroyed	Time Warp	Ext. Loggers
	620	523	36 BRAVO	One Night With Barry Manilow			Side-Dick Dale	Law & Order "Foul Play"		Without a Trace		*Me Myself I*
	294	650	40 WPCH	(6) *Just Cause* (1995)		Steve Harvey	Seinfeld	Family Guy	Family Guy	*Just Cause* ★★ (1995, Drama)		
	626	547	41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	S. Silverman
	-	539	42 TCM	(6) *Million Dollar Mermaid*		*Hollywood Canteen* ★★★ (1944, Musical Comedy) Robert Hutton.					*Seven Brides for 7 Brothers*	
	628	584	43 SPIKE	Ultimate Knockouts 5		DEA (HDTV) (N)		Real Vice	Real Vice	CSI: NY (HDTV)		Disorderly
	522	516	45 HIST	Ultimate Engineering		NCIS "The Immortals"		Ultimate Engineering		Ax Men "The Big Hit"		NCIS
	627	528	46 SPACE	Star Trek: Voyager		Destination Truth (N)		Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
	-	-	47 AMC	(6) *On the Waterfront* (1954, Drama)			*All About Eve* ★★★★ (1950, Drama) Bette Davis, Anne Baxter, Celeste Holm.					
	619	525	49 TROP	What Happen?	What Happen?	Planet Soap	Big Screen	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
	600	564	50 HGTV	Sarah's House	Design Inc.	Colin & Justin's Home Heist		Holmes on Homes		Sarah's House	Design Inc.	Pure Design
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508	70 BNN	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	526	507	92 VIVA	Missing		Encounters	In Dreams	Psychic Inv.	Encounters	Judging Amy		Missing
	269	350	93 APTN	Wings-Canada	Great Towns	Wapos Bay	Rez Rides	Fish Out	Mixed Blessing	Caution: Nuts	Rabbit Fall	Moccasin Flats
	-	-	94 MCP	(6:30) News	News	Eight Heroes	Mom's-Upset	Il Caffe		In Germany	Euromaxx	Schauplatz
	571	581	100 MMM	Gene Simmons	Gene Simmons	Gene Simmons	Gene Simmons	Listed		Party of Five		Gene Simmons
	570	580	101 MM	disBand	Technical Diff.	Degrassi: TNG	Instant Star	The Shift		T.I.'s Road to Redemption		Spotlight
	581	566	102 MTV	(6:30) From G's to Gents		From G's to Gents (N)		MTV Live	After	The Girls of Hedsor Hall		G's to Gents

critics' corner

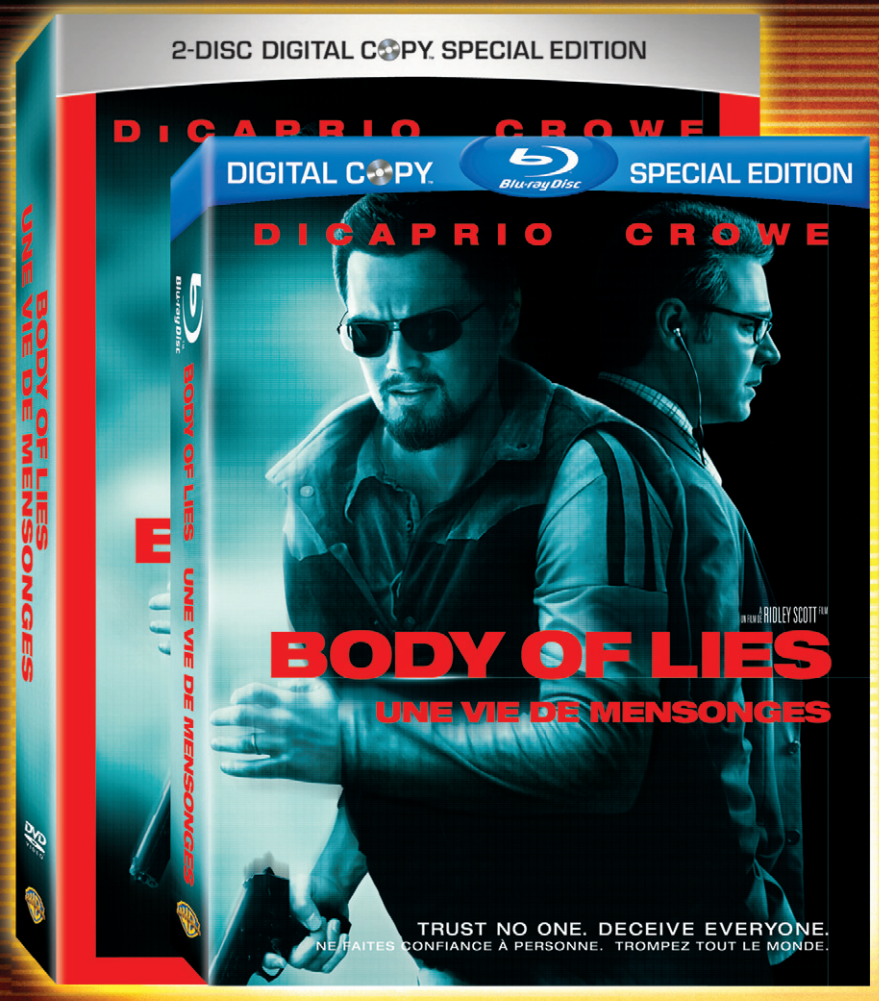
Trinny and Susannah Undress
Your clothes are hurting your relationship. That's the premise of this makeover series featuring the ladies from the British version of "What Not to Wear." In each episode, Trinny Woodall and Susannah Constantine work with a troubled couple, helping both partners confront their insecurities and learn to dress to feel attractive and confident. 6 PM on SLC

Law & Order: Special Victims Unit
When a man is found badly beaten in a strip club parking lot with no memory of what happened, Detectives Benson and Stabler are at a loss for evidence. A fake fingernail embedded in the victim's skin leads them to believe the attacker is female. But things are rarely what they seem. 8 PM on CFCN; 11 PM on KHQ

Scrubs
J.D. discovers that not even Elmo can teach the gift of compassion to those who do not care to learn in this episode guest starring several familiar Muppets from "Sesame Street.". Meanwhile, Elliot learns just how dysfunctional the new crop of interns really is when Katie scams her in an effort to land a spot on Turk's new research project team. 10 PM on CKAL KXLY

“A COMBUSTIBLE SPY THRILLER. GRITTY ACTION. DiCAPRIO’S IN TOP FORM. CROWE IS A LIVE WIRE.”

– Peter Travers, ROLLING STONE



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Is Heidi too heavy?

Proving once again how tough the fashion world is, a German designer has deemed Heidi Klum too fat, declaring she's "no runway model." "She is simply too heavy and has too big a bust," Wolfgang Joop told Bild magazine. METRO NEWS SERVICES

Celebrity Buzz

Jessica keeps ripping her pants onstage

FASHION Jessica Simpson has ripped her pants "every time" she's performed at Madison Square Garden, femalefirst.co.uk reports. The singer has now taken to wearing a "skort" to prevent the embarrassing problem happening again.

Speaking ahead of a show in New York show last week, Jessica said: "Every time I've performed at Madison Square Garden, my pants have completely ripped in half.

"I decided to wear a little 'skort' — not a skirt, but some shorts just so they wouldn't split."

METRO NEWS SERVICES

Beyoncé isn't much fun when she drinks

SOCIALIZING Beyoncé says she doesn't usually drink a lot because she's a boring drunk. "When I'm drunk, I'm very quiet and I observe and I go to sleep," the singer said, according to China Daily. "I don't think I'm much fun." She went on to say that she's never felt peer pressure to pursue other substances. "I've never seen a person who was high and thought, 'Wow, I want to do that!' I'm like, 'That's cool for them, but no thank you. I'll just have my wine.'"

METRO NEWS SERVICES

Winehouse gets taken to hospital

ILLNESS While continuing her vacation in St. Lucia, troubled singer Amy Winehouse was quietly rushed to the hospital over the weekend. "She looked a shaking mess," a witness tells the Sun. "The people with her were very concerned." Amy's spokesman has confirmed she received treatment after running out of a drug replacement she'd been using.

METRO NEWS SERVICES

Not just a bromance: Downey Jr.

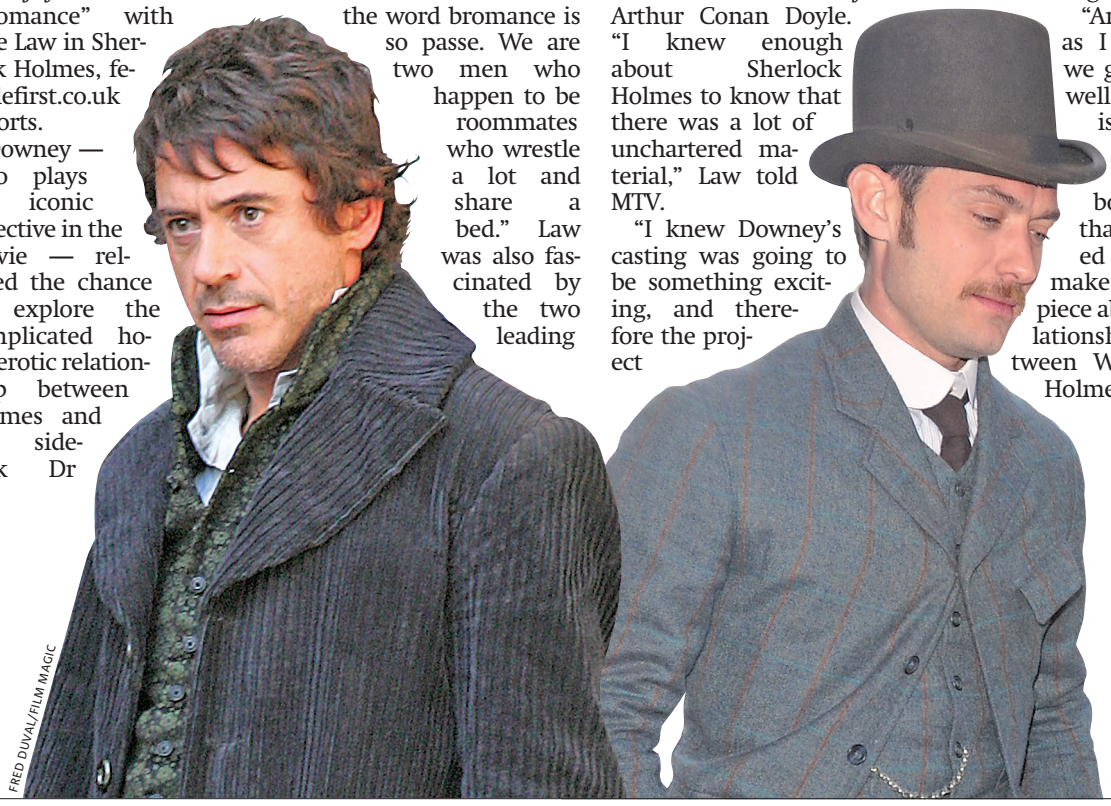
ONSCREEN Robert Downey Jr. enjoyed his onscreen "bromance" with Jude Law in Sherlock Holmes, femalefirst.co.uk reports.

Downey — who plays the iconic detective in the movie — relished the chance to explore the complicated homoerotic relationship between Holmes and his sidekick Dr Watson, played by the Alfie star. He said: "I think the word bromance is so passe. We are two men who happen to be roommates who wrestle a lot and share a bed." Law was also fascinated by the two leading men in the film, which is based on the stories by Sir Arthur Conan Doyle. "I knew enough about Sherlock Holmes to know that there was a lot of unchartered material," Law told MTV.

"I knew Downey's casting was going to be something exciting, and therefore the project was going to be something exciting.

"And as soon as I met him, we got on very well — which is a good sign — and we both agreed that we wanted to really make this a piece about the relationship between Watson and Holmes."

METRO NEWS SERVICES



FRED DUVAL/FILM MAGIC

Katie's just got a great metabolism

IMAGE Katie Holmes claims her recent slimming down is just the result of a hectic schedule and her powerful metabolism. "My metabolism was in full gear the whole time," the actress, who just completed a run in All My Sons on Broadway, said, according to the Boston Globe.

"I lose weight fast when I'm working so hard. It doesn't matter how much I eat, I just get thin. It's not the worst problem in the world to have though, is it?"

METRO NEWS SERVICES

Miley's parents tell her she's not allowed to get her own place

FAMILY Miley Cyrus' parents have banned her from moving out, femalefirst.co.uk reports. The 16-year-old star reportedly believes she is mature enough to get her own place and live with her best friend Mandy Jiroux, but her dad Billy Ray Cyrus doesn't agree.

A source said: "Miley's parents feel, that if anything, she has already got more freedom than is good for her."

However, the Hannah Montana star is determined to convince her parents to change their minds and isn't ready to give up on the idea of leaving home.

The source added to the National Enquirer magazine: "Miley knows that the next time she asks, it will come as less of a shock. She plans to wear her mom and dad down. She is itching for freedom and hopes to be under her own roof well before she turns 18."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

If Leo wants to marry his girlfriend, he'll have to convert to Judaism

MARRIAGE Leonardo DiCaprio must convert to Judaism if he wants to marry Bar Rafaeli, femalefirst.co.uk reports. The Israeli-born supermodel's father, Rafael Rafaeli, has reportedly forbidden Bar from marrying outside her faith, the website adds.

A source said to the New York Daily News newspaper: "He told me that if Leonardo doesn't convert to Judaism, there will be no marriage."

The Revolutionary Road actor, who has been dating 23-year-old Rafaeli since 2005, recently revealed he wants to wed.

DiCaprio, 34, said: "I absolutely believe in marriage. In saying that I realize I am contradicting everything I've said before. Yes, I want to get married and have children."

But if he does pop the question, DiCaprio won't tell anyone about it — he is notoriously secretive about his private life, something he claims is essential to his career, the website notes.

METRO NEWS SERVICES

It would be 'difficult' to play in L.A. again, says Beckham

MOVING David Beckham says life would be "difficult" should he be forced to return to play in Los Angeles, people.com reports.

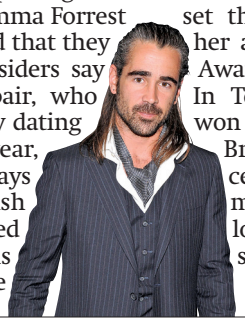
The 33-year-old soccer hunk — on loan from the LA Galaxy to Italy's AC Milan — has already made clear his desire to continue playing the European circuit.

But on Sunday, Beckham confessed that a return to Los Angeles would be awkward. "I've said I want to stay here, and if I do go back then it will be a bit difficult, but we'll have to wait and see what happens," Beckham told reporters after his AC Milan team was beaten by local rivals Inter Milan, 2-1.

METRO NEWS SERVICES

Colin has split with girlfriend

RELATIONSHIPS In Touch Weekly is reporting Colin Farrell's ex Emma Forrest has confirmed that they have split. Insiders say the private pair, who began secretly dating early last year, parted ways when the Irish star started slighting his beau. "He would not introduce her to his family. She was also upset that he didn't thank her at the Golden Globe Awards," the insider tells In Touch. When Farrell won for his role in In Bruges at the Jan. 11 ceremony, he didn't mention his longtime love in the acceptance speech.



METRO NEWS SERVICES

Madonna's boy toy may be a PR stunt

DATING Insiders claim that Madonna's very public relationship with 22-year-old Brazilian model Jesus Luz is nothing more than an elaborate publicity stunt meant to drum up attention for her tour. "It's a classic Madge publicity stunt but suits both parties well," a source tells the Mirror. "Despite her advancing years, she looks like she's still got what it takes to pull a 22-year-old. And Jesus is getting a boost of publicity as well."

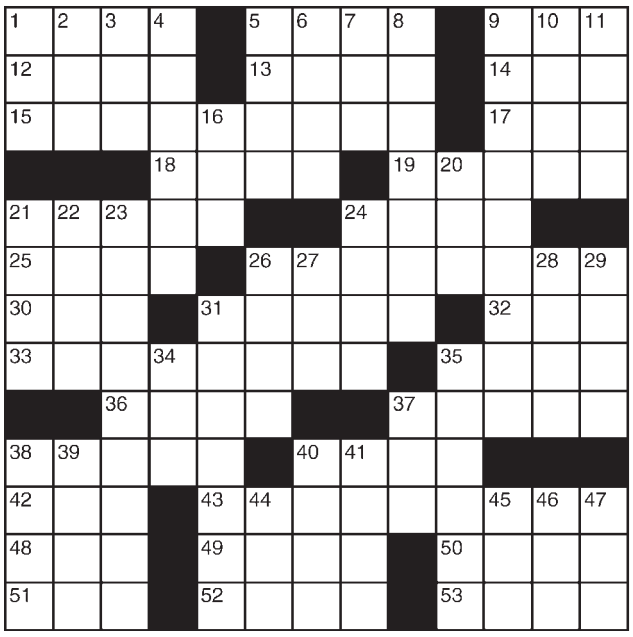
METRO NEWS SERVICES

Today Mostly sunny -3 C / -14 C
Wednesday Partly cloudy 0 C / -13 C
Thursday Partly cloudy 0 C / -10 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



Crossword across

1 Fishing spear
5 Impale
9 Supreme Being
12 Hodgepodge
13 Met melody
14 Anger
15 April paperwork
17 "Do the Right Thing" director
18 Elbow counterpart
19 Private instructor
21 Fathered
24 Relaxation
25 Took care of weeds
26 PC peripheral
30 Lamb's dam
31 Anna of "Scary Movie"
32 Coll. transcript stat
33 Dadaism pioneer
35 Existed
36 Pub orders
37 Bygone
38 Greedy cry
40 Highly rated
42 Blackbird
43 Speak eloquently
48 Heavy weight
49 Neighborhood
50 Hemingway nickname
51 Hydrocarbon suffix
52 Scream
53 Location

Crossword down

1 Understood
2 Carte lead-in
3 Repair
4 Like a snake's tongue
5 Fill to excess
6 Verifiable
7 Atmosphere
8 Small chickens
9 Of the best quality
10 Sandwich treat
11 Antelope's playmate
16 Conclusion
20 GIs' entertainment org.
21 Son of Noah
22 Hawkeyes' home
23 Double-check
24 Egress
26 Bleacherites
27 MGM motto start
28 Foil's kin
29 "Death in Venice" author
31 Big road
34 Shade source
35 Censors, in a way
37 Yoko of music
38 Fence opening
39 A party to
40 Skating jump
41 October birthstone
44 100 square meters
45 Spigot
46 Nasdaq debut
47 Heathcliff, for one

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		7			6	1		
	3		1	4			8	
8		1	2			6		9
7				2		9	4	
	1		9		4		5	
	5	9		8				1
3		4			2	8		5
	6			9	5		7	
		5	4			3		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

I	N	C	A	■	P	E	R	■	C	A	M	P
F	E	A	R	S	O	M	E	■	O	G	E	E
S	E	T	T	L	E	U	P	■	R	O	T	E
■	■	■	F	I	T	■	R	A	N	G	E	R
A	L	B	U	M	■	E	I	R	E	■	■	■
B	I	E	L	■	U	P	S	T	A	R	T	■
S	E	E	■	K	N	E	E	S	■	O	A	F
■	U	P	R	I	S	E	S	■	C	L	U	E
■	■	■	W	E	T	S	■	W	A	L	T	Z
I	M	P	A	L	A	■	E	A	R	■	■	■
S	O	O	N	■	B	U	C	K	L	E	U	P
L	A	R	D	■	L	A	C	E	I	N	T	O
E	T	N	A	■	E	R	E	■	N	E	E	D

2	3	5	1	8	9	6	4	7
7	4	8	5	6	3	9	2	1
9	1	6	2	4	7	8	5	3
5	6	7	9	1	4	2	3	8
1	2	9	7	3	8	4	6	5
3	8	4	6	2	5	1	7	9
8	7	2	4	5	1	3	9	6
6	9	3	8	7	2	5	1	4
4	5	1	3	9	6	7	8	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Turkey Cobb Salad Sandwiches

INGREDIENTS:
1/4 cup (50 ml) non-fat mayonnaise
1/4 cup (50 ml) blue cheese, crumbled
2 tbsp (25 ml) snipped fresh chives
4 slices lean bacon
1 small avocado
8 slices multigrain or sourdough bread, toasted
4 oz (125 g) watercress, tough stems trimmed
3/4 lb (375 g) fresh-roasted turkey breast slices
3 medium tomatoes, sliced
4 scallions, thinly sliced

METHOD:
1. Combine mayonnaise, blue cheese, and chives in small bowl.
2. Cook bacon in medium skillet over medium-high heat until crisp. Transfer to paper towels to drain, then tear into small pieces. Pit, peel, and thinly slice avocado.
3. Spread blue cheese mixture evenly on bread. Layer 4 slices with watercress, turkey, tomatoes, scallions, avocado, and bacon. Top with remaining bread, and cut sandwiches diagonally in half.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You're right to refuse to deal in a sordid situation. The truth is found in your financial documents. A trickster quickly does some damage control.

TAURUS
APRIL 21-MAY 21
Coming events are casting their shadows. A high-impact performance will take place at night. Sympathetic action defuses your bad mood.

GEMINI
MAY 22-JUNE 21
Be aloof when a friend is challenged in a dangerous dispute. You need to find peacefulness. Anxiety about adversity will just roll away.

CANCER
JUNE 22-JULY 22
A man has a noteworthy answer to an emotional investigator. Refuse to worry about a complainer. You'll regret ignoring the money coming in.

LEO
JULY 23-AUG 23
Move quickly when a relative needs your attention. An optimistic chat results from an encounter. A fearless man won't let flattery go to your head.

VIRGO
AUG 24-SEPT 22
A heavy-handed hustler is caught telling lies. Nobody knows what to do after a battle. You'll be a determined challenger when you take charge.

LIBRA
SEPT 23-OCT 23
A busybody fears telling you bad news. Count on an important person stepping in when people go wild. Try not to displease a pretentious simpleton.

SCORPIO
OCT 24-NOV 22
Be silent when someone is gossiping. A devoted friend won't reveal damaging information. There's a brilliant way to please an attractive person.

SAGITTARIUS
NOV 23-DEC 21
Laughter erupts when you're with friends. A self-centred friend won't understand you. Protest the stupid mistakes of the day at dinnertime.

CAPRICORN
DEC 22-JAN 20
The perfect solution to an uncertain situation torments someone. Noisy people fatigue you. Anxiety is due to psychosomatic wounds.

AQUARIUS
JAN 21-FEB 18
An outrageous friend knows the way to a better future. You'll feel tired of making decisions. A family member causes anxiety by not calling in.

PISCES
FEB 19-MARCH 20
Someone walks out in disgust after a crucial decision is made. A contract will have to be revised. A lover avoids making a terrible mistake.

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- Southgate Mall - kiosk
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